

# SPRING, 2020 CLASS SCHEDULE

## Register Online!

Go to: [www.seiu1training.com](http://www.seiu1training.com)

On your first visit, you will be asked to create a user name and password.

The rest is simple, just follow the steps to pick your classes!

# SEIU Local 1 Training Center

## SPRING, 2020 Schedule of Classes

### **2-Year Apprenticeship Program**

Monday, Tuesday or Wednesday (6pm-10pm)

*Orientation is on January 6<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup>*

Comprehensive training covering all aspects of building maintenance.

Graduates are awarded Journeyman's Certificate from the US Department of Labor. Mandatory for all newly hired "A" level employees. Classes meet 1 night per week.

### **Health & Safety**

Monday, Tuesday or Wednesday (6pm-10pm)

*5 Weeks Beginning January 13, 14 or 15*

OSHA compliance, protective equipment, financial literacy and familiarizing yourself with your health benefits

### **Hand Tools and Power Tools**

Monday, Tuesday or Wednesday (6pm-10pm)

*9 Weeks Beginning February 18, 19 or 24*

Safe and proper use of hand tools and power tools in the workplace

### **Mathematics**

Monday, Tuesday or Wednesday (6pm-10pm)

*6 Weeks Beginning April 21<sup>st</sup>, 22<sup>nd</sup> or 27<sup>th</sup>*

Basic math for on-the-job application

### **Blueprint Reading**

Tuesday, Wednesday or Thursday (6pm-10pm)

*7 Weeks Beginning January 7<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup>*

How to read, use and create blueprints

### **Plumbing**

Monday, Wednesday, Thursday (6pm-10pm)

*8 Weeks Beginning February 24, 26 or 27*

Plumbing principles, repairs and preventive maintenance

### **Low-Pressure Boiler Systems**

Monday, Wednesday or Thursday (6pm-10pm)

*8 Weeks Beginning April 20, 22 or 23*

In-depth instruction on boiler operations

### **Water Treatment (1 Night Seminar)**

Tuesdays (6pm-10pm)

*May 5<sup>th</sup>, 12<sup>th</sup> or 19<sup>th</sup>*

*Students choose 1 night to attend*

Water Treatment for heating and cooling

### **Electricity**

Tuesday, Wednesday or Thursday (6p-10p)

*13 Weeks Beginning January 7<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup>*

Basic Electricity, Electrical Safety and Troubleshooting Electrical Systems.

*\*Required before you can take HVAC or*

*Monday Advanced Electricity Course.*

### **Carpentry**

Tuesday, Wednesday or Thursday (6p-10p)

*7 Weeks Beginning April 7<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup>*

Basic repairs to walls, tile, doors, floors, etc.

### **Locks & Keys**

Monday, Wednesday or Thursday (6p-10p)

*7 Weeks Beginning January 6<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup>*

Locksmithing and key pinning

### **HVAC (Heating, Ventilation & A/C)**

Tuesday, Wednesday or Thursday (6p-10p)

*14 Weeks Beginning Feb 26<sup>th</sup>, 27<sup>th</sup> or March*

*3rd*

Comprehensive instruction in basic Air

Conditioning principles as well as how to troubleshoot common A/C problems.

*\*Students must complete Electricity course before enrolling.*

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop. Please call 312.226.1444 for more information.

## **LIFE SKILLS COURSES**

\*These courses are FREE to SEIU Members under the ABOMA contract

### **Basic Computers**

2 NIGHTS EACH WEEK FOR 3 WEEKS (6 TOTAL SESSIONS)

TUESDAYS AND THURSDAYS 6PM-9PM

***CLASS BEGINS APRIL 14<sup>th</sup>***

Using the computer, mouse and keyboard.

Introduction to Microsoft Word and the internet

### **Advanced Computers**

2 NIGHTS EACH WEEK FOR 3 WEEKS (6 TOTAL SESSIONS)

TUESDAYS AND THURSDAYS 6PM-9PM

***CLASS BEGINS MAY 5<sup>th</sup>***

Writing letters, creating a budget, setting up an e-mail account

---

## **English as a Second Language**

Classes are taught in English, so we can accommodate a wide range of native languages (Spanish, Eastern European, Polish, etc.)

### **ESL**

2 NIGHTS EACH WEEK FOR 12 WEEKS (24 TOTAL SESSIONS)

MONDAYS AND WEDNESDAYS 6PM-9PM

***CLASS BEGINS MONDAY, MARCH 2<sup>nd</sup>***

## Foreign Language

### **Learn Basic Spanish**

TUESDAYS (6PM-9PM)

***12 WEEKS BEGINNING ON TUESDAY, MARCH 3<sup>rd</sup>***

### **Leadership Skills Seminar**

\*Leading by example, mentoring others and climbing the career ladder.

\*Class is open to all Property Service Employees-Janitors, Engineers and Door Staff

THURSDAY, MAY 7<sup>th</sup>

*12:30-4:30pm*

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop. Please call 312.226.1444 for more information.

# HEAD AND ASSISTANT ENGINEER'S CONTINUING EDUCATION COURSES

\* CHIEFS AND ASSISTANTS NEED 8 HOURS PER YEAR

## **Chicago Engineer's Exam Prep Class**

8 Week Preparation Course for the Stationary Engineer's Exam (6pm-9pm)

Wednesdays Beginning **JANUARY 8<sup>th</sup>**

Exam will be given by the City on Wednesday, March 4<sup>th</sup>

\*Must be a Chief, Assistant Chief or Graduate of the 2-year program to enroll

*Wednesday, February 19<sup>th</sup>*

## **Wireless Thermostats**

How to install and service wireless thermostats

Instructor: Honeywell

2 Hours (12:30-2:30pm)

*Wednesday, February 26<sup>th</sup>*

## **Building Evacuation**

Knowing your role in the event of an emergency that requires evacuation

Instructor: American Safety Training

4 Hours (12:30-4:30pm)

*Tuesday & Wednesday, March 10<sup>th</sup> & 11<sup>th</sup>*

## **Certified Pool Operator's Course**

Must Attend 2 Day Course and Pass Exam

Instructor: Deb Todner, Aquapure

16 Hours (8:00-4:00 both days) - \$300 Fee

*Thursday, March 19<sup>th</sup>*

## **Air Filters 101**

Understanding the right type of air filters for your building

Instructor: Chris Taramelli from AFE

2 Hours (12:30pm-2:30pm)

*Thursday, March 26<sup>th</sup>*

## **Water Damage Restoration**

Dealing with water damage and mold issues in your building

Instructor: ACR

4 Hours (12:30-4:30)

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop.  
Please call 312.226.1444 for more information.

*Wednesday, April 22<sup>nd</sup>*

**Professionalism in the Workplace – Anti Harassment Seminar**

Promoting a harassment-free environment among co-workers and residents in your Building.

Instructor: Maria Perez

4 Hours (12:30pm-4:30pm)

*Thursday, April 30<sup>th</sup>*

**Common Building Code Violations**

Identifying and Fixing Chicago Building Code Violations

Instructor: Rudy DeKeersmaecker

4 Hours (12:30-4:30pm)

*Friday, May 1<sup>st</sup>*

**CPR and First Aid Certification**

American Heart Association - Heartsaver CPR and First Aid Training

Instructor: Sylvia Tienda

4 Hours (8:30am-12:30pm)

*Thursday, May 7<sup>th</sup>*

**Leadership Seminar**

Leading by example, mentoring and climbing the career ladder.

Instructor: Kent Irvin, University of St. Francis

4 Hours (12:30-4:30)

*Wednesday & Thursday, May 13 & 14*

**Certified Pool Operator's Course**

Must Attend 2 Day Course and Pass Exam

Instructor: Deb Todner, Aquapure

16 Hours (8:00-4:00 both days) - \$300 Fee

*Wednesday, May 20<sup>th</sup>*

**Fire Extinguishers**

Hands on training to use a fire extinguisher

Instructor: American Safety Training

2 Hours (12:30-2:30)

*Thursday, May 28<sup>th</sup>*

**HVAC Seminar: Sensors, Valves & Actuators**

New technology in Heating & Cooling systems

Instructor: Jamie Bargaquast, Belimo

4 Hours (12:30-4:30pm)

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop.  
Please call 312.226.1444 for more information.

<p><b>“A” MAINTENANCE SKILLS ENHANCEMENT DAYTIME COURSES</b></p>
--

8 HOURS PER YEAR REQUIRED FOR MAINTENANCE “A” EMPLOYEES

<u>DATE</u>	<u>COURSE</u>	<u>HOURS</u>
<i>Wednesday, Jan. 29</i>	<b>Basic Electricity</b>	8:30a-4:30p
<i>Wed. February 12<sup>th</sup></i>	<b>Highrise Plumbing Systems</b>	8:30a-4:30p
<i>Wed., February 19<sup>th</sup></i>	<b>Wireless Thermostats Seminar</b>	12:30-4:30
<i>Wed., February 26<sup>th</sup></i>	<b>Building Evacuation Procedures</b>	12:30-4:30
<i>Tuesday/Wednesday March 10<sup>th</sup> &amp; 11<sup>th</sup></i>	<b>Certified Pool Operators Class &amp; Exam</b> *\$300 Fee Applies	8:30a-4:30p (2 Days)
<i>Wed., March 18<sup>th</sup></i>	<b>Drywall &amp; Tile Repair</b>	8:30a-4:30pm
<i>Thurs., March 26<sup>th</sup></i>	<b>Water Damage Restoration Seminar</b>	12:30-4:30
<i>Thursday, April 2<sup>nd</sup></i>	<b>Light Switches, Outlets &amp; Fuses</b>	8:30p-4:30p
<i>Tuesday, April 14<sup>th</sup></i>	<b>Doors, Locks &amp; Keys</b>	8:30a-4:30p
<i>Wed., April 22<sup>nd</sup></i>	<b>Professionalism/Anti-Harassment</b>	12:30-4:30
<i>Wed., April 29<sup>th</sup></i>	<b>Basic HVAC Fundamentals</b>	8:30a-4:30p
<i>Thurs., April 30<sup>th</sup></i>	<b>Chicago Building Codes</b>	12:30-4:30
<i>Friday, May 1<sup>st</sup></i>	<b>CPR &amp; First Aid Certification</b>	8:30a-12:30p
<i>Thursday, May 7<sup>th</sup></i>	<b>Leadership Seminar</b>	12:30-4:30pm
<i>Wed./Thurs. May 13<sup>th</sup> &amp; 14<sup>th</sup></i>	<b>Certified Pool Operators Class &amp; Exam</b> *\$300 Fee Applies	8:30a-4:30p (2 Days)
<i>Fri., May 15<sup>th</sup></i>	<b>Basic Boiler Fundamentals</b>	8:30a-4:30p

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop.  
Please call 312.226.1444 for more information.

## **10-WEEK JANITORIAL TRAINING PROGRAM**

The following topics will be covered:

- Orientation
- Customer Service and Communication Skills
- Basic Health and Safety
- American Heart Association - HeartSaver CPR Certification
- Fire Safety
- Cleaning Standards and Expectations
- Hard Floor Care Lecture
- Hard Floor Care Hands-On Demonstration
- Carpet and Upholstery Cleaning/Green Cleaning
- Outdoor Maintenance and Landscaping

**COURSES ARE OFFERED ON 10 CONSECUTIVE THURSDAYS**

**DAY CLASSES (12:30 – 4:30) BEGIN JANUARY 9<sup>TH</sup> AND MARCH 19<sup>TH</sup>**

**NIGHT CLASSES (6:00PM – 10:00PM) BEGIN JANUARY 9<sup>TH</sup> AND MARCH 19<sup>TH</sup>**

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop.  
Please call 312.226.1444 for more information.

# DOOR STAFF TRAINING

Students that attend at least **6 out of the 8** classes will receive a certificate for the Door Staff Training Program.

Evening Courses (6:00pm-10:00pm) begin **TUESDAY, JANUARY 28 OR MARCH 31**

Daytime Courses (12:30pm-4:30pm) begin **TUESDAY, JANUARY 28 OR MARCH 31**

**CLASS #1- ORIENTATION**

Students will go over the current ABOMA contract with regards to pension, benefits, holidays, sick days, the new 401k plan option, etc.

**CLASS #2- CUSTOMER SERVICE & COMMUNICATION SKILLS**

Looking sharp on the job, interacting with residents, knowing your building and your neighborhood.

**CLASS #3- BUILDING EVACUATION**

Proper evacuation procedures in an emergency situation.

**CLASS #4- CRIME PREVENTION & ANTI-TERRORISM**

Observation skills, making your building a hard target, keeping your building secure.

**CLASS #5- CUSTOMER SERVICE II-** New ideas on how Doormen can assist residents in their building and improve their level of service.

**CLASS #6- CPR CERTIFICATION:** American Heart Association Certification

**CLASS #7- ACTIVE SHOOTER TRAINING** Life saving measures and how to react during an active shooter situation at your building

**CLASS #8- PROFESSIONALISM IN THE WORKPLACE** Promoting a harassment-free environment among co-workers and residents in your building

THE ORDER OF THESE CLASSES MAY CHANGE SUBJECT TO INSTRUCTOR AVAILABILITY. PLEASE CALL FOR DATES IF YOU ARE LOOKING FOR ONE SPECIFIC CLASS.

To enroll, please fill out the attached registration form and email it to [dobryt@seiu1.org](mailto:dobryt@seiu1.org)

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop. Please call 312.226.1444 for more information.



## EXAMS AND CERTIFICATION COURSES

### *City of Chicago Stationary Engineers Exam – Preparation Course*

8-week course on Wednesday nights to prepare students to pass the Licensing Exam

Class Begins **Wednesday, JANUARY 8<sup>TH</sup> at 6pm**

Exam will be given by the City of Chicago on Wednesday, MARCH 4<sup>TH</sup>

Must be one of the following to enroll:

- Head Engineer / Assistant Engineer
- Graduate of the 2-year Apprenticeship Program

### *Certified Swimming Pool Operators Course and Examination*

Instructor: Deb Todner, Aquapure

2-day course to receive CPO designation through the National Swimming Pool Foundation

- **Tuesday and Wednesday, March 10<sup>th</sup> & 11<sup>th</sup>**
- **Wednesday and Thursday, May 13<sup>th</sup> & 14<sup>th</sup>**

\*\$300 Fee Applies

### *Heat Pump Certification*

11 Week Course to become certified to understand how and why heat pumps are growing in popularity

Instructor: Zack Comor

- **February 24<sup>th</sup> – May 4<sup>th</sup> (11 consecutive Monday nights) 6:00-10:00**

\*\$55 Fee Applies

### *CFC/EPA Course and Examination (EPA 608 Universal License)*

1 day course and exam for license to work on Air Conditioning units

Students must be currently enrolled in or have already passed the 13-week HVAC course

- **Saturday, June 6<sup>th</sup> from 8:30am-4:30pm**

\*\$45 Fee Applies

\*\*If you receive the EPA-608 Universal License, you may register for the R410-A certification.

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop.  
Please call 312.226.1444 for more information.

# ADVANCED ELECTRICAL & HVAC COURSES

**\*\*NOW OFFERED ON MONDAY NIGHTS\*\***

## **MONDAY Advanced HVAC Course**

6-week course that will focus on hands-on training. Each week will be a new project that builds on the 13-week HVAC Course.

**6:00pm-10:00pm beginning on Monday, January 6<sup>th</sup>**

**\*In order to enroll, you must have already passed the 13 week HVAC course.**

**\*This course is not required to complete the 2-year apprenticeship program**

## **MONDAY Advanced Electricity Course**

6-week course on Monday evenings that will build on the 13 week Electricity Course in the 2-year apprenticeship program. Topics will include conduit bending, breaker boxes and residential wiring.

**6:00pm-10:00pm beginning on Monday, February 24<sup>th</sup>**

**\*In order to enroll, you must have already passed the 13 week Electricity course.**

**\*This course is not required to complete the 2-year apprenticeship program**

## **Heat Pump Certification**

11 week course to help you understand how and why heat pumps are growing in popularity. You will also become certified on Heat Pumps through ESCO Institute

**6:00pm – 10:00pm Monday, February 28<sup>th</sup> – May 4<sup>th</sup>**

## **Monday Hydrocarbon Course and Exam**

2-Week Course to give HVACR professionals a solid understanding of the refrigeration cycle and proper handling of CFC, HCFC, and HFC refrigerants.

Having been approved for use in specific applications under the EPA's Significant New Alternatives Policy (SNAP), it is only a matter of time before technicians begin encountering systems utilizing hydrocarbon refrigerants in the field. It is highly recommended only experienced refrigeration professionals handle hydrocarbon refrigerants.

**6:00pm-10:00pm beginning on Monday, June 1<sup>st</sup>**

**\*In order to enroll, you must have already received your CFC/EPA Universal License**

**\*This course is not required to complete the 2-year apprenticeship program**

The SEIU Local 1 Training Center is located at 120 S. Sangamon in the West Loop. Please call 312.226.1444 for more information.